

Kursplan

06.04.2020 - 12.04.2020

FT-CLUB München City
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Montag 06.04.2020	Dienstag 07.04.2020	Mittwoch 08.04.2020	Donnerstag 09.04.2020	Freitag 10.04.2020	Samstag 11.04.2020	Sonntag 12.04.2020
<p>17:30 - 18:30 Burn</p> <p>18:45 - 19:45 Strength</p>	<p>06:30 - 07:30 Movement</p> <p>17:30 - 18:30 Strength</p> <p>18:45 - 19:45 Mobility</p> <p>20:00 - 21:00 Movement</p>		<p>06:30 - 07:30 Burn</p> <p>18:00 - 19:30 HYROX Strength & Co...</p> <p>19:45 - 20:45 Movement</p>	<p>16:30 - 17:30 Strength</p> <p>17:45 - 18:45 Mobility</p>		<p>11:00 - 12:00 Movement</p>

- Burn
- Strength
- Mixed
- Mobility
- Movement

Stand: 07.04.2020